



Integrated healthcare and care – a building block for a sustainable Nordic region (iHAC)

The project “integrated Healthcare and Care through distance spanning solutions – a building block for a sustainable Nordic region” form part of the Nordic Council of Ministers work programme: Vision 2030.

What is our collaboration about?

The project is a continuation of earlier project Healthcare and Care – through distance spanning solutions 2018-2021. The objective of iHAC is to contribute for the Nordic region to become the most sustainable and integrated region in the world. The focus and angle of entry is social sustainability, although the entire spectra of sustainability have to be taken into account: How can joint healthcare and social care service provision generate more positive values for the citizens, demonstrate cost efficiency and contribute to a positive climate impact through reduced Co2 emissions.

Three main objectives of iHAC

1. Mapping and presenting Model Regions/Areas of integrated healthcare and care – publication launched September 2022 (2021-2022)
2. Map national and regional models for distributed data approach, integrated use of health data (2022-2023)
3. Two calls - Identify and exemplify new Model Regions/Areas of integrated healthcare and care (2022-2024)

Objective 1: Mapping and presenting Model Regions/Areas of integrated healthcare and care.

iHAC launched a publication, demonstrating how co-governance increase service accessibility through integrated healthcare and social care, in September 2022.

Five different Nordic regions are presented, in this new publication, which provides integrated Healthcare and Social Care services through co-governance. The publication starts with a theoretical framework on governance, written by [The Norwegian Centre for E-health Research](#) (NSE).

The framework helps the reader to observe and understand what components must be in place to succeed with integrated healthcare and care, in order to increase service accessibility. How the five regions have established their cooperation is described in the publication with links to NSE:s theoretical framework with focus on three important components; knowledge sharing/communication, common goals and trust.

The idea is that presented models for integrated healthcare and care shall inspire more regions to start to take actions. The upcoming calls will be an opportunity to start to form joint venture and developing new model regions/areas of integrated healthcare and care.



Objective 2: Map national and regional models for distributed data approach, integrated use of health data

A lot has happened within the field of health data, and this 2nd objective has slightly changed direction. The 2nd objective will start from the citizen perspective, and ask the question what health and well-being values will be created for the citizens if public and private health data are in the control of the citizen, and are available for their use.

The sub questions will be:

- How can citizen-controlled health data help innovation industry to accelerate the development of improved health and well-being services for the citizens?
- How can research and development contribute with new knowledge to improve citizens health and well-being, if health data are under the control by the citizen?
- The entire objective 2 will center around the citizens use of their health data, how to move towards proactive rather than reactive healthcare for a prolonged and independent life. There is a possibility to allow discussions to revolve around the European Health Data Space, what EHDS brings to the citizens when it comes to improved health and well-being (primary use).

Objective 3: Identify and exemplify new Model Regions/Areas for integrated healthcare and care – 2022-2024

The objective of this activity is, through expert support in regions and municipalities, to implement activities that facilitates and supports joint governance to build trust. Expected activities will revolve around solutions that facilitates communication and knowledge sharing, shared and common goals in order to secure trust. Applicants developing joint services, which require co-governance between different organisations, supported by distance spanning solutions will be of priority. Regions and municipalities will be selected through two open call procedures closing February 2023 and January 2024. We expect in total 12 joint governance structures to be provided with expert support, mentorship, facilitated workshop opportunities and site visit opportunities.

The expert support will be organized around the use of the strategies, tools and methodologies, such as Roadmap for Service Innovation; A Norwegian guide, developed by KS and Helsedirektorietet in Norway, which is focused on change management.

Find full application pack at integratedhealthandcare.com

Summary

We will through the publication "Integrated Healthcare and Care through distance spanning solutions – for increased service accessibility" showcase best practice examples of joint governed service models and collaboration structures, for inspiration. The project will also initiate the development of model areas, sometimes new model areas, with integrated healthcare and care service and ambitions.