Healthcare and care through distance spanning solutions 2018-2021

- A priority project, part of the Swedish Presidency Programme for Nordic Council of Ministers in 2018.

www.healthcareatdistance.com

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region västerbotten

From VOPD project website to **VOPD knowledge hub**

- **Updated website:**
  www.healthcareatdistance.com

- Gathered (new) knowledge, studies, reports and material for inspiration to support digital transformation

- Go to the website, navigate to the knowledge you need for your digital shift

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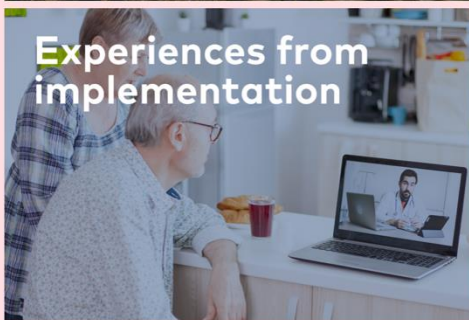
region västerbotten

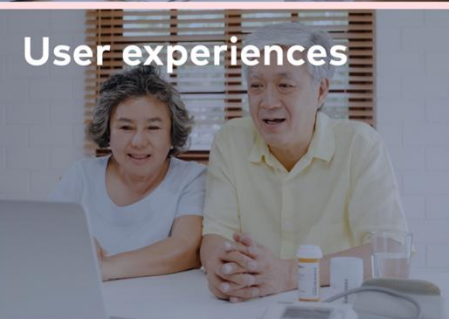# Existing solutions

How to implement

Experiences from implementation

Competence provision impact

Climate impact & tradeoffs between SDGs

User experiences

How to scale up

Contribution to regional development

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Existing solutions

24 practical examples

- [Published September 2019 in Swedish](#)

- [Published January 2020 in English](#)

For inspiration and information

- Mapped out all distance spanning solutions in the Nordics

  No pilots or project, just existing services!

- An appropriate combination of the solutions will address the demographic challenge in remote and rural region

- In addition, help protecting our most vulnerable citizens during pandemic and similiar situations

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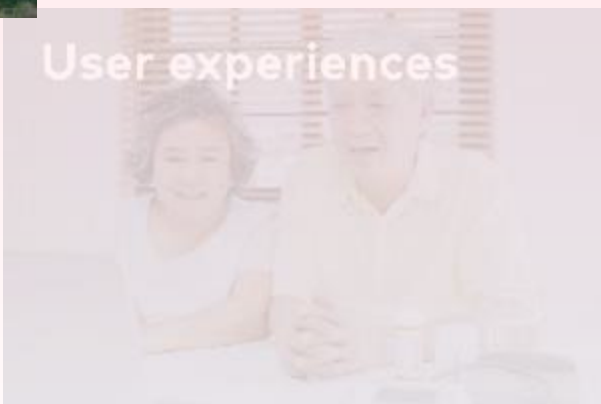Existing solutions

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How to implement?

Mapped out all national guides and strategies

Denmarks and Norways strategies are clearly guiding users on how to implement distance spanning solutions.

Roadmap for service innovation

Veikart for tjensteinnovation, National Welfaretechnology Programme (NVP) – Norway

Guide and connected tools (to be adjusted for national/regional/local use)

80% culture and 20% technology

Endorsed by VOPD Steering Committee as appropriate implemention guide

Translated into English, Swedish, Danish, Iceland and Finnish

PDF
Roadmap for
Service Innovation

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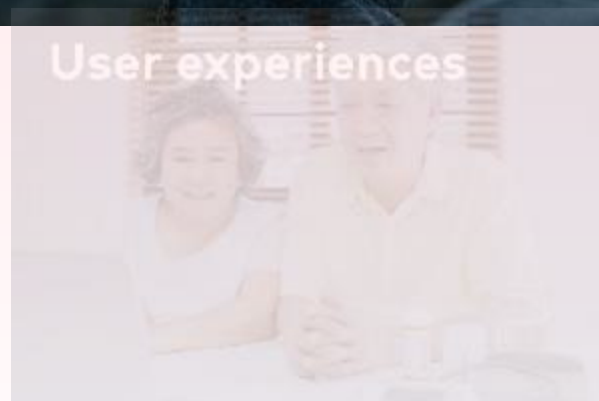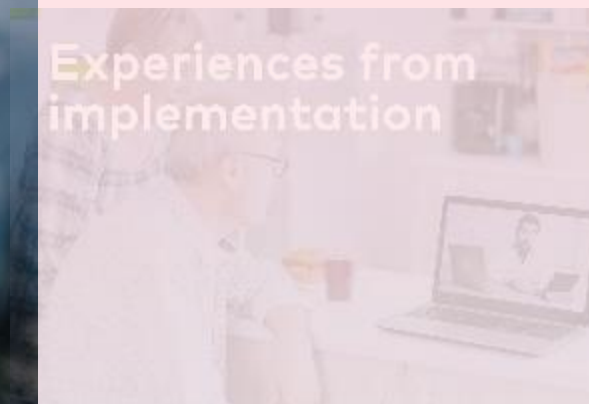User experiences

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Contribution to regional development

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Experience from implementation

2 calls for implementation support

Call 1 spring 2019 (9 projects supported by VOPD)

Call 2 spring 2020 (11 projects supported by VOPD and 1 supported by the Estonian government)

All implementation used the guide Roadmap for Service Innovation

80% culture and 20% technology

52 municipalities and 8 regions supported

Main findings, experiences and conclusions first call

Main findings, experiences and conclusions second call

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Thank you!

www.healthcareatdistance.com
www.vopd.nu

Our vision 2030

A competitive Nordic region

Together, we will promote green growth in the Nordic region based on knowledge, innovation, mobility and digital integration.

The Nordic region will become the most sustainable and integrated region in the world

A **green** Nordic region

Together, we will promote a green transition of our societies and work towards carbon neutrality and a sustainable circular and bio-based economy.

A **socially sustainable** Nordic region

Together, we will promote an inclusive, equal and interconnected region with shared values and strengthened cultural exchange and welfare.

iHAC – Integrated Healthcare and Care

A collaboration betwen the Nordic countries governments and their agencies for integrated healthcare and care, supported by distance spanning solutions

www.integratedhealthandcare.com   www.ivopd.se

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Why haven't we come further?

In all Nordic countries, national initiatives to achieve a more integrated healthcare and social care service model based on the needs of the citizens.

- Resources have been added

- Many projects has been carried out

- Politicians have made decisions

- Regulations have been adjusted

- Agreements entered between the actors

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Our vision 2030

Publication 2022

A publication with two sections:

1. What is a model-area, and their **components of governance**, for integrated healthcare and social care? Theoretical description.

2. Presentation of **5 Nordic existing model-areas**, and their components of governance

Nordic Welfare Centre

Integrated Healthcare and Care through distance spanning solutions

– for increased service accessibility

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Three components of governance

COMMUNICATION AND KNOWLEDGE SHARING

COMMON OR SHARED GOALS

TRUST BETWEEN ACTORS

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Our vision 2030

5 Nordic existing model-areas

Model area descriptions, and their components of goverance:

- Region Syddanmark-Syddansk Sundhedsinnovation, Denmark

- Päijät-Häme welfare district, Finland

- Fjallabyggd Municipality - North East region, Iceland

- Region Agder, Norway

- Tiohundra Norrtälje, Sweden

Integrated Healthcare and Care through distance spanning solutions

– for increased service accessibility

Subprojects:
Workshops, inspiration visits and networking 2022-2024

Two calls: 21 iHAC subprojects

1. 33 **workshops**: Developing governance model for integrated health & care

2. Four **inspiration visits**

3. Six **networking meetings**

Nordic/Baltic workshop in Tallin, May 2024

- Part of the Swedish presidency programme for Nordic Council of Ministers 2024
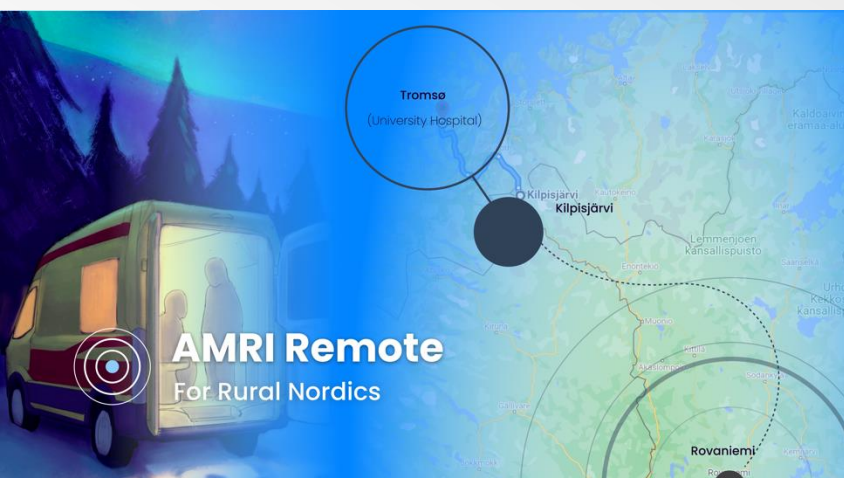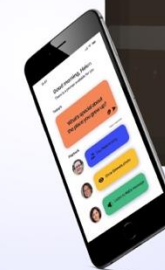

Participants from:

- Ministry of Health of the Republic of Lithuania

- Ministry of welfare, Latvia

- Riga State City Government, Latvia

- Elva Municipality Government, Estonia

- Tartu Municipality Government, Estonia

- Tallinn University of Technology, Estonia

- Nordic Council of Ministers' Office in Estonia

Aalto University
School of Arts, Design and Architecture

Mimi
Making memories matter

AMRI Remote
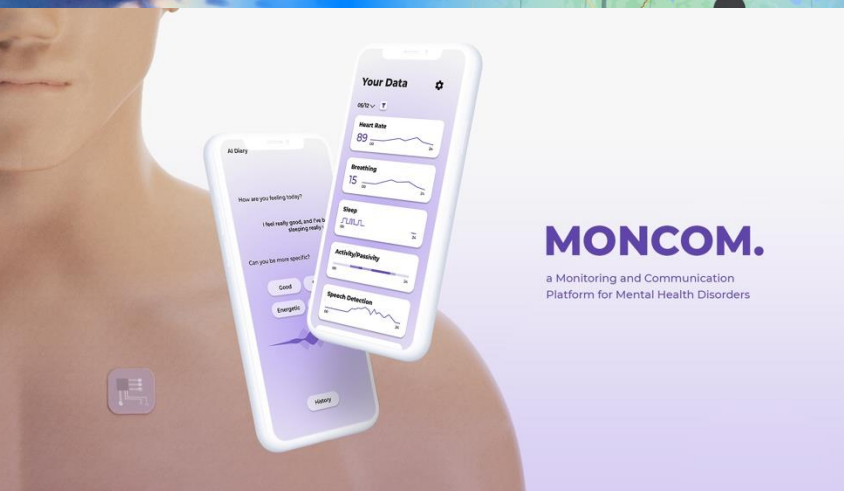For Rural Nordics

On Time
Emergency Stroke Unit with Accessible MRI

Buba
Toolkit for pediatric remote medicine

MONCOM.
a Monitoring and Communication Platform for Mental Health Disorders

ENVA
A preventive healthcare system approach for the elderly – Wearable + conversational AI

Hopealinja
Communication without irritation

UMEÅ INSTITUTE OF DESIGN
UMEÅ UNIVERSITY

Arch
BRIDGING THE GAP BETWEEN DOCTOR AND PATIENT

koi

Lacuna
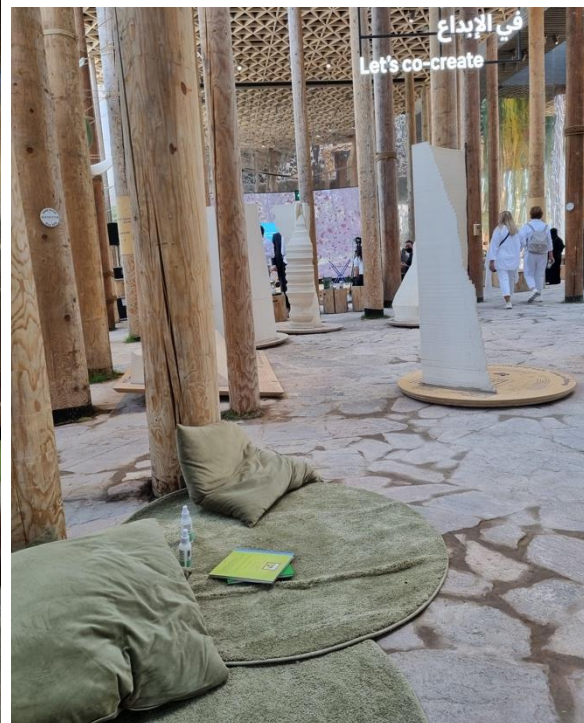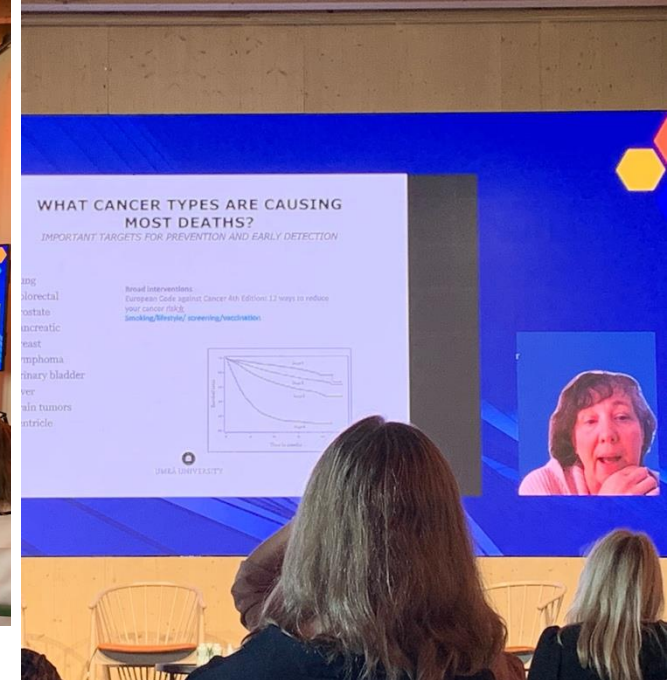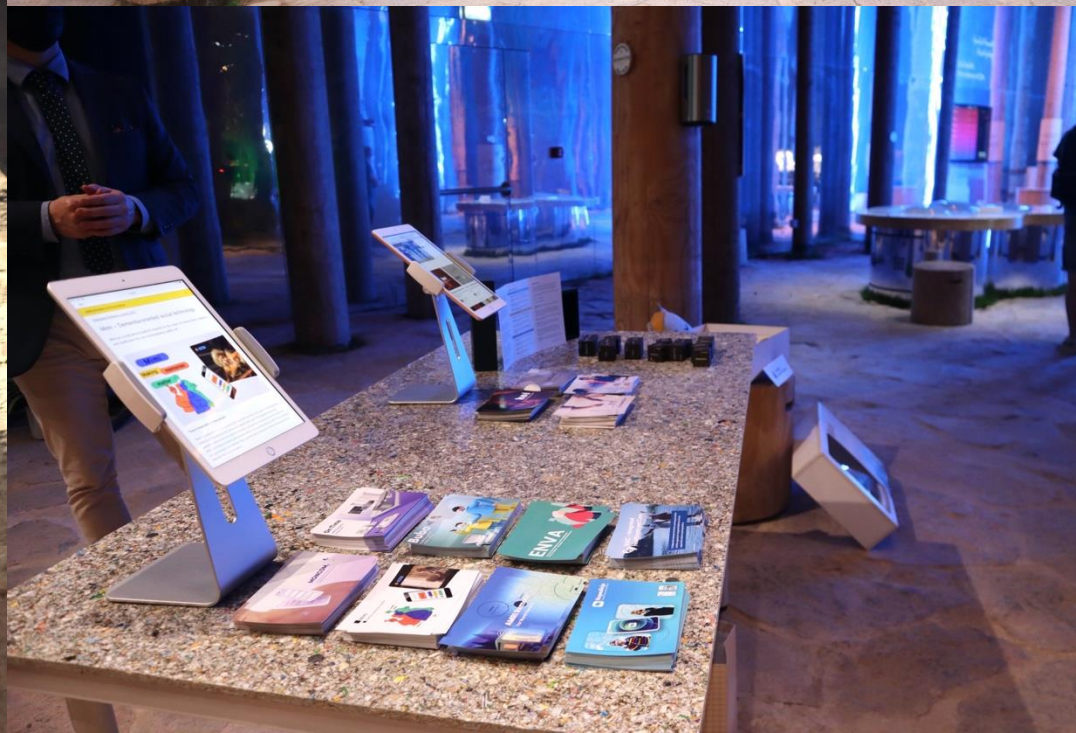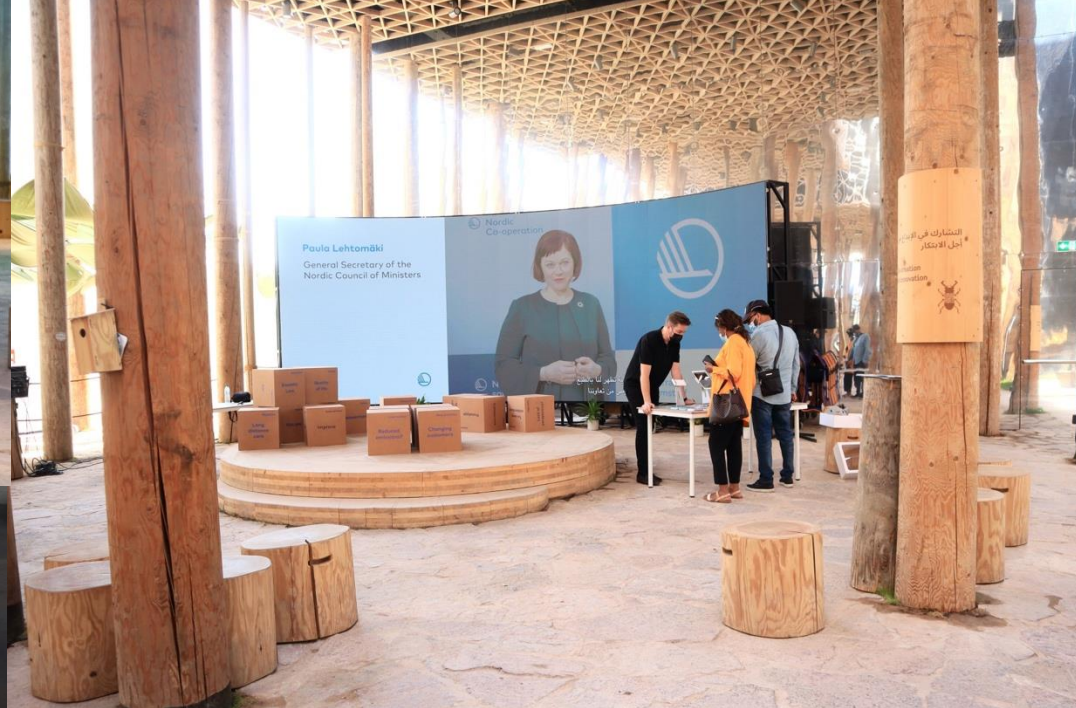trust wellbeing together

empathyLens

Finnish pavilion

Swedish pavilion

VOPD and iHAC projects and described regional networks

Map code	Country	City/Region	Map code2	Country3	City/Region4
VOPD1	Finland	Hämeenlinna	iHAC1	Finland	Lahti
VOPD2	Iceland	Reykjavik	iHAC2	Iceland	Fjallabygd
VOPD3	Iceland	Akureyri	iHAC3	Norway	Kristiansand
VOPD4	Norway	Steinkjer	iHAC4	Denmark	Sydjylland
VOPD5	Norway	Høylandet	iHAC5	Sweden	Norrtälje
VOPD6	Sweden	Norrtälje	iHAC6	Denmark	Odense
VOPD7	Sweden	Storuman	iHAC7	Sweden	Arvika
VOPD8	Danmark	Odense	iHAC8	Denmark	Bornholm
VOPD9	Danmark	Köpenhamn	iHAC9	Iceland	Fjallabygd
VOPD10	Danmark	Bornholm	iHAC10	Sweden	Lycksele
VOPD11	Finland	Oulu	iHAC11	Norway	Grimstad
VOPD12	Island	Akureyri	iHAC12	Finland	Kanta Häme
VOPD13	Island	Akureyri	iHAC13	Estonia	Elva
VOPD14	Sverige	Eskilstuna	iHAC14	Finland	Central Finland
VOPD15	Norge	Grimstad	iHAC15	Lithuania	Lithuania
VOPD16	Estland	Tallinn	iHAC16	Åland	Mariehamn
VOPD17	Estland	Saaremaa	iHAC17	Finland	Päijät Häme
VOPD18	Norway	Førde	iHAC18	Sweden	Jämtland Härjedalen
VOPD19	Finland	Lappeenranta	iHAC19	Finland	South Karelia
VOPD20	Sweden	Storuman	iHAC20	Greenland	
VOPD21	Denmark	Aalborg	iHAC21	Norway	Vadsø
VOPD22	Iceland	Akureyri			
VOPD23	Greenland				
VOPD24	Faroe Island				

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